



Clearview Meadows Elementary School

Bus zone: West

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Stayner, Ontario

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<https://twitter.com/CMESwolfpack>

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April 2018
Jacqueline Linton
Principal

Character Trait: Responsibility

Sue Moxam
Principal's Assistant

Register now for summer child care



The Simcoe County District School Board (SCDSB) supports your child care needs by offering full day child care programs in select schools across Simcoe County. Twenty schools offer child care programs for children from Junior Kindergarten age to 12 years of age. Registration in advance is required. Please contact the child care operator directly to register. More information can be found on our website at www.scdsb.on.ca – click on 'Schools' then 'Before & After School Care.'

School's in for summer at the SCDSB

Are you and your child planning their courses for next school year? Looking for a way to create flexibility in their timetable and earn a credit? Consider summer school! Each year, the SCDSB offers a variety of summer programs to over 2,000 students. Summer school options include open, college and university level courses from Grades 9 to 12. Courses are offered in-person or online. Interested students can also travel and earn credits with the summer EduTravel program. Summer school program details can be found on the Learning Centres website at www.thelearningcentres.com. Current SCDSB students should speak to their guidance counsellor for information and to register. Register now so that your summer school choices align with course selection for next year!

Parents invited to information session about special education

The SCDSB is hosting a series of information sessions for parents/guardians to learn about special education in the SCDSB, and how to support students with special education needs. The last session takes place this month:



April 16

Understanding Alternative/Non-Academic IEP Goals

The event takes place from 6 to 7 p.m. at the SCDSB Education Centre, located at 1170 Highway 26 in Midhurst. No registration required.

Applications open for 2018-19 Parents Reaching Out (PRO) Grants

Parents/guardians play a vital role in public education, and Ontario's Parents Reaching Out (PRO) Grants are designed to encourage parents'/guardians' involvement in their children's education to support student achievement and well-being. The 2018-19 PRO grant process has been announced and an online application is now available. PRO grants are provided to select applicants who develop projects, events or training in support of parent/guardian engagement. Applications are due by June 5. Find out more: www.edu.gov.on.ca/eng/parents/.

School bus evacuation training takes place April 3 to 6

The Simcoe County Student Transportation Consortium (SCSTC), in partnership with school bus operators, is offering school bus evacuation training to all home-to-school transported students the week of April 3 to 6. During this week, school bus drivers will educate students on how to evacuate a school bus safely in an emergency. The SCSTC would like to remind all drivers to be extra cautious near school buses and in school bus loading and unloading zones. For more information or if you have questions, visit main.simcoecountyschoolbus.ca/.



Events at our school in celebration of International Day of Pink



Our school will be hosting several events during the week of April 9 to 13 in honour of the International Day of Pink, which is Wed. April 11. This day celebrates diversity and promotes standing up to bullying. It is a day of action that started in Nova Scotia when two straight high school students saw that a gay student wearing a pink shirt was bullied. The two students intervened, but wanted to do more. They purchased pink shirts and within a few days got everyone at school wearing pink, standing in solidarity for diversity and standing up against discrimination, gender-based bullying and homophobia. Our school will be recognizing April 11th by participating in "Paint the Town Pink" at 10:00 am at Byng Public School.

Identifying school-sponsored trips

All field trip information will be sent home on school and/or Simcoe County District School Board letterhead. This is the best way for parents/guardians to identify supervised and approved trips. There may have been times when community or external groups have organized trips that have been mistaken for school-sponsored field trips. Parents would be notified of individual circumstances if the school is aware that an external trip is being planned. When in doubt about any trip ask questions of the organizers, including "Who is sponsoring or in charge of this trip?", "Who will be supervising?" and "What are their qualifications?" You can also contact the school if you have any questions about a trip you see advertised that you think may not be school-sanctioned.

Trauma & Loss: Creating School Communities of Well-being on April 14 in Barrie

Parents and/or community members are invited to attend *Trauma & Loss: Creating School Communities of Well-being* on Sat. April 14 from 9 a.m. - 2 p.m. at Bear Creek Secondary School, located at 110 Red Oak Dr. in Barrie. This conference is being funded through a Regional PRO grant from the Ontario Ministry of Education and is being presented by the Adoption Council of Ontario. This event is free to attend and lunch is provided. Limited child care is available for children aged three to 12 years. Register at www.adoption.on.ca/events. Questions? Contact pact@adoptontario.ca.

Please turn off your car while you wait



A reminder to please turn your engine off when dropping off or picking up your child from school. Idling cars release exhaust that is harmful to the environment, our health and the health of our

students. It's good to get into the habit of turning your car off any time you're stopped and in park for more than 60 seconds. Thank you for doing your part to keep our kids and our environment healthy! For more information to keep you and your family healthy, visit www.simcoemuskokahealth.org or call Health Connection at 705-721-7520 or 1-877-721-7520.

Information provided by the Simcoe Muskoka District Health Unit

Stress: Our kids get it too!

Kids have stress, just like us. Stress is a normal part of life, but our bodies are only made to handle it for short amounts of time. Continued stress can cause feelings of pressure, anxiety and tiredness. It can make it hard for kids to focus in school and can cause them to become sick, get lower grades or make unhealthy choices. It's easy to mistake signs of stress for bad behaviour in your child. You can help them learn to manage stress by staying calm, showing love and talking openly about their feelings. Encourage them to try calming activities like deep breathing or doing something active. If the stress continues, be sure talk to your child's family

doctor or health care provider. To speak with a public health nurse, contact Health Connection at 705-721-7520 or 1-877-721-7520 or visit the health unit website for more information at www.simcoemuskokahealth.org.

Information provided by the Simcoe Muskoka District Health Unit

YMCA Healthy Kids Day taking place on April 29

YMCAs across Canada are celebrating Healthy Kids Day on Sun. April 29. It's a national day dedicated to improving the health and well-being of kids. The YMCA of Simcoe/Muskoka is happy to host this FREE event for everyone in the community, offering fun and healthy activities for the entire family to enjoy. Across Canada, most children do not meet the recommended 60 minutes of daily physical activity. Rising rates of obesity and related chronic disease tell us that getting kids active should be a top priority for parents, schools, and all Canadians. With summer just around the corner, here are some practical tips on how to keep your kids active and healthy:

- Rather than heading out on a walk or jog solo, invite your kids to hop on their bicycles, skateboards and scooters and head out with you. You will come back energized and connected knowing that you've set a great example and spent quality time together. Everyone wins!
- Many communities have free or low-cost youth activities or programs at facilities such as pools, playgrounds, parks, sporting fields, community centres and the YMCA! Ask your child's teacher, contact your local municipality, search online or contact your local YMCA for upcoming events.
- Depending on the distance and safety factor, consider letting your children walk to school, the library, their friend's house or any other place you would normally drive them to. Some kids may be inspired by tracking their steps with a pedometer. Pedometers are relatively inexpensive and many libraries have them available on loan!

Join the YMCA of Simcoe/Muskoka on Healthy Kids Day and learn about healthy habits, connect with other parents and get the whole family active together under one roof. For schedules of activities and more information, please contact the YMCA in your community: www.ymcaofsimcoemuskoka.ca.

Information provided by the YMCA of Simcoe/Muskoka

Earth Day at CMES

We will be celebrating Earth Day on April 20. Please ensure that students are sent to school dressed for the weather. We will be running a variety of activities outside. Our theme is Earth Play for Earth Day!



Triple P is an evidence-based positive parenting program that gives parents tips to help manage the big and small problems of family life. Triple P helps you create a positive, caring relationship with your children and family. And families say it works.

Triple P takes the guesswork out of parenting!
Small changes make BIG differences!

Mid West Metal Fundraiser

Friday, April 20 & Saturday, April 21, 2018
We are running a metal recycling fundraiser starting after school on Friday, April 20 from 4:00 – 6:00 pm and on Saturday, April 21 (times to be determined). Please drop off your unwanted metal items and help us raise money for our school. Stay tuned for more details.

Chess

This year the chess club had 50 students participate in our chess club ranging from grade 4-8. At our Area Chess meet we had 20 students qualify to compete at the Stayner Community Centre. We also had 2 students, Bryce and Seth that qualified for Counties. Mrs. Lightheart, our chess coach, was extremely impressed with all of the students sportsmanship. They all represented Clearview Meadows well.

EQAO is coming in May

Our annual provincial assessments will be conducted between May 22 and June 4, 2018. Students are most successful with EQAO when they don't experience interruptions in their day. We kindly ask that you book appointments outside of this testing period.

Business Fair

May 1st
1:30 – 5:00 pm
Gym
Grades 7 & 8

Parents: please submit your receipts to the office for reimbursement.

Coping with Anxiety

"Anxiety is common among teenagers. Sometimes normally happy teenagers will become anxious or fearful about something for a day or two and then they will be back to normal without any need for parents to take any action. However, some teenagers seem to suffer from more intense and frequent feelings of anxiety that prevent them from doing things. This tip sheet session will give you some suggestions on how to help your teenager cope with and reduce their fear.

Date: Wednesday, April 18, 2018

Time: 6:30 – 7:30 pm

Location: Stayner Collegiate Institute, Library

**** Please RSVP to your school office by Monday, April 16, 2018 ****

To learn more about Triple P, visit the Triple P Ontario website. Triple P Website – use mobile device or open with Microsoft Chrome or Mozilla Firefox.