



Clearview Meadows Elementary School

Bus zone: West

12 Locke Ave.

Stayner, Ontario

www.cle.scdsb.on.ca

April 2021

<https://twitter.com/CMESwolfpack>

Sara Jo Ottewell
Principal

Character Trait: Optimism

Kelly Cox
Vice-Principal

Principal's Message

Happy Spring! With the arrival of the spring season, we are excited to begin two fundraisers. We are raising money to help offset the cost of new Clearview Meadows school jerseys. Information about the CONTACTLESS, easy-to-order, delivered to your door Plantables Fundraiser has been sent home. Information about our second fundraiser through Bradford Greenhouses will be sent home shortly. THANK YOU FOR YOUR SUPPORT!

School staff will soon begin the careful process of class placement for the 2021-2022 school year. Staff work very deliberately to consider the social, emotional and cognitive well-being of each student to determine the best class placement for each student. However, if you have a specific request about your child's class placement next year, please submit your request, via email to sottewell@scdsb.on.ca prior to April 30. Please note that while we will make a concerted effort to honour your request, we may not always be able to do so as we consider all the needs of the school.

Again, we want you to know that we appreciate your support in ensuring that you are wearing masks when on school property and adhering to physical distancing guidelines. Thank you for helping to keep us all safe.

- Mrs. Ottewell

Important Dates

April 2 – Good Friday (No School)

April 5 – Easter Monday (No School)

April 6 – Raise the Flag for Autism Awareness

April 12 – 16 – (New Date for March Break)

Dress for the Weather



Please remind your child that they need to remember to dress according to the weather conditions in order to enjoy being outside during nutritional breaks. With the temperatures changing from week to week students need to be prepared for those unexpected cold/wet days.

COVID-19 school screening tool

Each day, families are asked to ensure that their child(ren) complete the COVID-19 school screening tool prior to coming to school. Secondary school students are required to confirm with their teacher that the COVID-19 school screening tool has been completed at the beginning of each day.

The updated provincial direction states that students and staff with any new or worsening symptoms of COVID-19 (as indicated in the screening tool), even those with only one symptom, must stay home until:

- They receive a negative COVID-19 test result;
- They receive an alternative diagnosis by a health care professional; or,
- It has been 10 days since their symptom onset and they are feeling better.

In addition, all asymptomatic household contacts of symptomatic individuals are required to quarantine until the symptomatic household member receives a negative COVID-19 test result or receives an alternative diagnosis by a health care professional.

The COVID-19 school screening tool is available on the Ontario government's website here: <https://covid-19.ontario.ca/school-screening/>. A printable version of the COVID-19 school screening tool can be found here: <https://bit.ly/3ulap6V>. More information is also available on the SCDSB website at www.scdsb.on.ca/covid-19.

Register now for summer child care

Child care programs for children in Kindergarten to Grade 6 are provided by independent, third-party child care operators in some SCDSB schools. To support your child care needs, some operators offer child care over the summer holidays. Registration in advance is required. Please contact the child care operator directly to discuss fees and to register. More information and contact numbers can be found at https://scdsb.on.ca/elementary/planning_for_school/childcare_before_after.

Days of awareness and recognition taking place in April

Throughout the year, there are many awareness days that focus on different causes and recognition. The Simcoe County District School Board (SCDSB) has developed a list of these days as a guide for schools. Schools may participate in recognizing some or all of these days in various ways. This list is not exhaustive. Following are the days of awareness and recognition that the SCDSB will recognize during the month of April:

April 2	World Autism Awareness Day
April 14	International Day of Pink
April 22	Earth Day
April 28	Administrative Professionals Day National Day of Mourning (World Day for Safety and Health at Work)

Character Attribute for the month of April

Optimism - we maintain a positive attitude and have hope for the future.

More information about Character Education can be found here: www.scdsb.on.ca/about/character_education

Family fun with multiplication facts!

Has your child been asked to practice their math facts at home? Math facts are best learned in a purposeful way that helps students make connections between the facts, as opposed to memorizing them individually.

Tips for supporting fact fluency at home

1. Practice the facts in a meaningful order:
 - Start with foundational facts like 2s, 10s, 5s, 1s, and 0s
 - Move on to more challenging facts that can be found using combinations of foundational facts, like 3s, 4s, 6s, 8s, 9s and 7sThe Mastering Math Facts resource provides strategies to support each group of facts:
<https://bit.ly/39cNzLE>
2. Help your child see that the order of the factors does not change the product:
 - Example, $2 \times 5 = 10$ and $5 \times 2 = 10$
3. Help your child practice by decomposing more challenging facts into known facts:
 - Example 1: 7×8 can be thought of as $(7 \times 4) + (7 \times 4)$
 - Example 2: 5×7 can be thought of as $(5 \times 5) + (5 \times 2)$
4. Help your child visualize the facts by building arrays and drawing pictures to represent them:
<https://mathvisuals.wordpress.com/multiplication-division/>.
5. Play games such as:
 - Blockout! - <https://mathforlove.com/lesson/blockout/>
 - Math Flips - <https://mathvisuals.wordpress.com/math-flips/>
 - Stick and Split - <https://www.stickandsplit.com/>
 - Games to play with a deck of cards - https://docs.google.com/file/d/0B_wlnPzXZBUZRk0yNXFBd3dqTDg/edit
6. Allow your child as much time as they need to find an answer for a fact. This will lower stress, support them with using the strategies they are learning, and they will soon become automatic with practice.

Supporting student mental health and well-being

When students attend school, whether in-person or online, they engage in important routines and foster connections that can help them to feel more balanced amidst the uncertainties of the pandemic. Our school is committed to bolstering student mental health and well-being by teaching our students to practice strategies to increase their stress management and coping skills.

School Mental Health Ontario works together with Ontario school districts to support student mental health. Clearview Meadows E.S. will be using a collection of resources for educators to support student mental health during the ongoing pandemic response. These resources are evidence-based. This month, we will be practicing various breathing strategies.

Try the hand tracing exercise: <https://bit.ly/2OWOAAAN>

- Starting at your wrist, trace the left side of your hand up to your middle finger while taking a deep breath for four seconds
- Pause at the top of your middle finger and hold in your breath for four seconds
- Breathe out while tracing down the right side of your hand for four seconds
- Repeat four times

The teenage brain

Did you know that the teen brain is still developing until about the age of 25? The part of the brain that powers a teen's ability to think, plan, solve problems, make decisions and control emotions is one of the last parts to mature. This may help explain certain teenage behaviour such as poor decision-making, recklessness and emotional outbursts.

Due to their brains still developing, young people are at greater risk from the harmful effects of alcohol and other drugs.

Stay connected, keep talking with your teen and be a good role model.

For more information, visit the health unit's website at www.simcoemuskokahealth.org

Information provided by the Simcoe Muskoka District Health Unit

Get outside and play!

Active play does more than help kids to achieve the 60 minutes of physical activity they need every day; it supports their development in many ways – especially when the play is outdoors, self-directed and fun. This allows kids to test boundaries and problem-solve, develop social skills, resolve conflict and learn to control their emotions and behaviour.

Active play outdoors in the fresh air and nature also helps to improve mood and lower stress. Support your child to play outside in the neighbourhood and at your local park as much as possible, while staying safe by maintaining COVID-19 prevention protocols for physical distancing and mask use.

Information provided by the Simcoe Muskoka District Health Unit