



Clearview Meadows Elementary School

Bus zone: West

12 Locke Ave.
Stayner, Ontario

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Jacqueline Linton
Principal

December 2017
Character Trait: Empathy

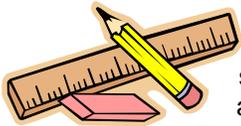
Sue Moxam
Principal's Assistant

Our Commitment to Feeding the Hungry



This year our school is collecting for "12 Days of Christmas" between December 1 – 18) for the Stayner Food Bank. Please see the flyer on the back of our December calendar. After speaking with a volunteer coordinator we were shocked, but motivated by the statistics shared with us about the need in our own community. Please continue to support our local Food Bank during the month of December.

Stocking Up for the New Year



By this time of year our students are beginning to need new school supplies such as markers, glue sticks and pencils, pens and lined paper.

There is nothing better than returning to school in January with new school supplies. Please check with your child to learn what items he/she needs. It makes the school day go much better when a child has his/her special tools to complete the work.

Lost and Found



PLEASE label your child's clothing. We accumulate a large amount of lost clothing and items monthly. When labeled, we are able to return many of these items. Mrs. Walker will be packing up any clothing on the lost and found table and it will be donated to charity December 15. Please

come in and take a look ahead of time.

Bookfair a Success!

Thank you to all who supported our bookfair. We raised just over \$1,500 which will be used to purchase books and resources for our Library.

Pediculosis – Head Lice & Pin Worm Checks



Remember to keep checking regularly. Also, please remember to notify the school if your child does have lice or pin worms so that we can be proactive in sending notifications home. We appreciate your support in our effort to minimize the impact in our school.

Sweet Charity Canine Ambassador Dogs

Zuma and Finn are certified dogs.

Share the warmth this holiday season and spread some cheer!

Coats for Kids: The Wolf Pack is calling for donations of



gently used, clean or new winter jackets, snow pants and boots to help keep kids warm this winter. Please drop off items to Mrs. McKean-Dobbs at the school. Children and parents are welcome to pop into the school anytime to browse through our clothing selection to find needed clothing items.

Giving Tree: There is a beautiful holiday tree on display in the main foyer in our school. This giving tree is meant to give back to those in need in the Wolf Pack community. We are collecting canned goods for donation to the Stayner food bank. We are also looking for donations of **new** hats, mittens, gloves and socks. Bring these items in and place them on the tree so that students who need them may take a pair throughout the cold winter months. Make someone smile this season and share the warmth! Happy Holidays!

Canadian Celebration

You are invited on Thursday, December 14 from 5:00 – 6:00 pm to enjoy a night of singing, warm cider, healthy snacks and a door decoration contest celebrating the Gift of Canada. We are a Gold Certified Eco-School, so we are working to lessen our impact on the Earth. Please bring a reusable mug to enjoy your cider and a reusable plate to take part in the festive, healthy food art.

The kindergarten and primary students will meet in the kindergarten yard in front of the library window to sing at 5:15 pm. The Junior and Intermediate students will meet at 5:30 pm by the outdoor classroom to sing their song.

Students have decorated their classroom doors to illustrate what they have learned about a Canadian territory or province. Vote for your favourite door! We look forward to seeing you there!

SCI Grade 7 – 12 Update

Please check our school website for the link!

Subscribe to our Website to Stay Up-to-Date

You can now subscribe to our website to stay up-to-date on what's happening at our school. You'll receive our news and newsletters right to your email inbox!



Visit the subscribe page at <http://cle.scdsb.on.ca/subscribe> and enter your email address. You will receive an email with a link to click to confirm that you want to subscribe. Once you've confirmed, you'll start receiving all the important news from our school. Help us spread the word in our school community and let other parents, friends and family know too!

Kid's Help Phone

Stressed out? Being bullied? Anxious about school or about a relationship? Worried about a friend? Parents fighting? Not sure where to get help?



One in five kids will experience a mental health issue. Kids and teens can't learn when they are feeling distressed or lack confidence. Providing support for their mental and emotional health is a great way to help them reach their full potential. Kids help phone is where young people can reach out when they don't know who to talk to. They offer free, anonymous, professional counseling, 24 hours a day, 7 days a week.

Kids can call 1-800-668-6868, download their free mobile app at kidshelpphone.ca/always there or visit kidshelpphone.ca for tips, stress busting games (like Worry Rockets) and lots of helpful info.

Bus Cancellation Information



Although fall is still here, winter is just around the corner in Simcoe County. With it comes the possibility of severe inclement weather conditions, challenging winter driving conditions and, as a result, possible bus and school event cancellations.

All information regarding cancelled buses in Simcoe County is posted on the Simcoe County Student Transportation Consortium's bus information website at www.simcoecountyschoolbus.ca

Our school is in the **West Zone**. When buses are cancelled, please remember that schools are still open (unless otherwise noted) for student learning.

The Consortium, in conjunction with bus operators, will make the decision to cancel school buses before 6 a.m. and as such, will make every effort to post announcements between 6 and 7 a.m. Parents should also note that inclement weather cancellations are

effective for the whole day and buses cancelled in the morning will not run at the end of the day.

Kindergarten registration opens in January

Do you (or someone you know) have a child who was born in 2014? If so, it's almost time to register them for Kindergarten in the SCDSB! Beginning Jan. 22, 2018, Simcoe County's public schools will register children for Kindergarten for the 2018-19 school year. Required registration documents include birthdate documentation, proof of address and record of immunization. Visit www.scdsb.on.ca/kindergarten for more information.



Attend a French Immersion information night, registration opens in January

The Simcoe County District School Board (SCDSB) offers French Immersion (FI) at select schools throughout Simcoe County beginning in Grade 1. The goal of the FI program is to enable students to communicate in French with a high level of proficiency, enabling them to function with ease in both French and English. Upon graduation from the program, students will communicate in French with confidence in a wide variety of real-life situations.

Information sessions take place in January for parents of students in Senior Kindergarten. A letter will be sent home to those parents with more details. Information session dates will be posted at www.scdsb.on.ca under Programs, French as a Second Language.

The FI online application form will be available from 9 a.m. on Mon. Jan. 22, until 9 p.m. on Wed. Jan. 24, 2018 at www.scdsb.on.ca under Programs, French as a Second Language. While every effort is made to accommodate all FI applications, available space and staffing will determine how many students can be registered. Applications will be processed in the order they are received electronically. Please contact the school if you do not have Internet access at home or require assistance accessing the online application.

Please note that the host sites for FI may change during your child's time in the program, and your child may need to move schools. This may also include splitting the program between two different sites.

Land/territory acknowledgement introduced for SCDSB meetings, events and schools

Over the past few months, the SCDSB has worked with Indigenous partners, local elders and the First Nations Education Advisory Committee to develop a land/territory acknowledgement. A land/territory acknowledgement is an act of respect and reconciliation, based on the First Nations' tradition of acknowledging the land of others when they were guests in that territory. The statements will be used at SCDSB meetings and significant events, and daily in all schools to respectfully acknowledge the Indigenous people of this territory, their

sharing of the territory and the benefits we have received, as settlers, from that sharing.

For school daily use:

“Simcoe County District School Board acknowledges that we are situated on the traditional land of the Anishnaabeg people. We acknowledge the enduring presence of First Nation, Métis and Inuit people on this land and are committed to moving forward in the spirit of reconciliation and respect.”

For more information, visit www.scdsb.on.ca – ‘About Us’.

Parents invited to information sessions about special education

The SCDSB is hosting a series of information sessions for parents and guardians to learn about special education in the SCDSB, and how to support students with special education needs.

Dec. 18

Identification, Placement and Review Committee (IPRC) Information for Families

Jan. 22

Assessments in Special Education: Psych Ed and Other Assessments

Feb. 19

Transition Planning Grade 8 to 9

March 19

Accessing Supports in the Community

April 16

Understanding Alternative/Non-Academic IEP Goals

All sessions take place from 6 to 7 p.m. at the SCDSB Education Centre, located at 1170 Highway 26 in Midhurst. No registration required.

School playgrounds are closed for the winter

Every winter, school playground structures are closed. Students are made aware of this during school hours through announcements and staff reminders during breaks. This may not be well known throughout the community despite signs indicating that playground structures are a winter hazard and are closed. The Canadian Standards Association Regulations make recommendations for the depth of ground cover required to minimize injuries (eg. sand, pea gravel or wood chips). These surfaces cannot be maintained when the ground freezes. Injuries from falling would be more significant on frozen ground. We strongly recommend that you do not allow your children to play on any structures while the ground is frozen.

RVH Film Festival welcomes student submissions

Barrie’s Royal Victoria Regional Health Centre (RVH) has partnered with the Simcoe County District School Board, the Simcoe Muskoka Catholic District School Board and Unity Christian High School to offer students, classes and schools the opportunity to participate in RVH’s annual Film Festival in two external categories:

- Kindergarten to Grade 6
- Grade 7 and up

This year’s theme is “Making mental health matter - how are you making a difference?” Students and classes are invited to make a two-minute video showing how they promote mental health. The deadline for submissions is Feb. 5, 2018. Voting will take place from Feb. 16 to 26 and those with the winning entries will be invited to an awards ceremony on March 8. Find out more and submit your video at:

www.rvh.on.ca/SitePages/rvhfilmfestival.aspx.

Eye See...Eye Learn program offers free glasses for Junior Kindergarten students

The *Eye See...Eye Learn* program provides comprehensive eye exams by local optometrists to Junior Kindergarten (JK) students. The eye exams are covered under the Ontario Health Insurance Plan (OHIP) when parents show their child’s health card. There is no out-of-pocket cost for the eye exam and if the child requires a pair of glasses, they will receive them free of charge courtesy of a participating optometrist. For more information, visit www.Eyeseeyelearn.ca.

OHIP+ provides free prescription drug coverage for children

Beginning Jan. 1, 2018, the province will provide free prescription drug coverage for children and youth aged 24 and under, regardless of family income. Under OHIP+, Ontario children and youth will have access to over 4,400 medications and other drug products. Enrolment in OHIP+ will be automatic, based on age. There are no upfront costs, no co-payment and no annual deductible. Those who are eligible for OHIP+ will only need their health card number and a valid prescription from their doctor or nurse practitioner when they visit their pharmacist. For more information, visit: www.ontario.ca/page/learn-about-ohip-plus.

Update your child’s immunization record

The Simcoe Muskoka District Health Unit is required to keep up-to-date immunization records for all students who attend elementary or secondary school in the County of Simcoe and the District of Muskoka. Parents are responsible for reporting immunizations to the health unit each time their child receives a vaccine from their health care provider. The immunizations that the health unit requires records for include: diphtheria, tetanus, polio, measles, mumps, rubella, meningococcal, pertussis and varicella (chickenpox) for those born in 2010 or later.

It's easy to update your child's immunization status. Go to www.smdhu.org/immsonline to update your child's record or call Health Connection at 705-721-7520 or 1-877-721-7520 (toll free).

Information provided by the Simcoe Muskoka District Health Unit

Three healthy lifestyle changes you and your family can make today

More and more research is showing that the key to lifelong good health is lifestyle choices starting at a young age. Making simple changes in diet, exercise and stress management is key to achieving good mental and physical health for adults and children. Here are some easy tips to start making those changes today.

- **Drink more water** – Your body is made up of about 60% water. A mere 5% drop in water levels in the body causes 25 to 30% loss of energy and can cause your metabolism to slow down. Some effects of dehydration include hunger, poor digestion, bloating, joint pain and high blood pressure. Make sure to drink a minimum of eight glasses of water each day. Kids should be drinking five to seven glasses of water each day.
- **Exercise daily** – Did you know that Health Canada recommends adults get 150 minutes of exercise per week and kids should accumulate at least 60 minutes of exercise each day? If you want to live well and live longer, you must exercise. Studies show that even 10 minutes of exercise will make a difference!
- **Practice relaxation** – The relationship between the mind and the body is strong. Providing yourself and your kids with a small amount of relaxation or “time-out” every day – even just 15 minutes – can improve your health dramatically. Try taking a yoga class to reduce stress and clear the mind and make sure to sleep at least seven hours per night (kids and teens should get more than that).

The YMCA of Simcoe/Muskoka offers many opportunities to get healthy as a family, For more information, please visit www.ymcaofsimcoemuskoka.ca.

Information provided by the YMCA of Simcoe/Muskoka (www.ymcaofsimcoemuskoka.ca)