



## Clearview Meadows Elementary School

### Bus zone: West

12 Locke Ave.  
Stayner, Ontario

[www.cle.scdsb.on.ca](http://www.cle.scdsb.on.ca)

<https://twitter.com/CMESwolfpack>

February 2020  
Jacqueline Linton  
Principal

Character Trait: **Inclusiveness**

Sue Moxam  
Principal's Assistant

### Experienced candidates need not apply:

#### Kindergarten registration is now open!



Do you (or someone you know) have a child who was born in 2016? If so, it's almost time to register them for Kindergarten in the SCDSB! Children

turning four in 2020 can start school this September. The registration process can be started on the registration page on the SCDSB website, then completed at the school. Visit

[www.scdsb.on.ca/elementary/planning\\_for\\_school/kindeergarten](http://www.scdsb.on.ca/elementary/planning_for_school/kindeergarten) for more information.

### Read-a-thon Success

Thank you to those who supported our Read-a-thon on January 23. We raised just over \$1,100.00. Way to go Wolfpack!



### Keeping SCDSB school communities informed on labour updates

In August 2019, provincial and local contracts for all education workers in the province of Ontario expired. In the Simcoe County District School Board (SCDSB), this means that all our unionized groups are at different stages of contract negotiations at the provincial and local level. The SCDSB will continue to monitor the situation and provide updates on the status of negotiations and our schools whenever possible.

Labour updates are issued on the SCDSB website ([www.scdsb.on.ca/about/labour\\_updates](http://www.scdsb.on.ca/about/labour_updates)), Facebook ([www.facebook.com/SCDSB](http://www.facebook.com/SCDSB)), Twitter (@SCDSB\_Schools) and on the labour updates information line at 1-877-728-1187.

### Winter Walk Day

For the month of February, we are excited to be participating in #WinterWalkDay!

Walking to school in winter has many potential benefits, including benefits for your child's health and well-being (like opportunities to learn and socialize on the way to school, and arriving at school alert and ready to learn), our community (reduced traffic congestion around the school) and the environment, too.

Keep active this winter and join schools across Canada to celebrate walking/wheeling to school.

- If you can walk safely to school, wrap up warm, leave the car at home and travel to school on foot with your friends
- If you live too far to walk with whole way, try "walk a block" - get dropped off at a friend's house or a few blocks away from the school and walk the rest of the way
- If you take the school bus, walk to your bus stop or have a winter walk in the school yard at recess time

Walk with your child - Grab your mittens, hats and boots and join the movement!

### Winter Walking Tips:

- Keep hands and head covered to prevent heat loss
- On really cold days wear a scarf over your face and mouth
- Wear warm, waterproof boots
- Wear a warm coat that deflects the wind
- Woolen clothing helps to retain the heat
- Wear clothing or carry knapsacks with reflective material – it's important to be seen
- If possible, change wet clothes at school – tuck an extra pair of socks and mittens into knapsacks



**FEBRUARY 17 IS FAMILY DAY  
THE SCHOOL WILL BE CLOSED  
ENJOY YOUR LONG WEEKEND**

**\*\* Share Winter Walk Day participation! \*\***  
**#SimcoeMuskokaOnTheMove #WinterWalkDay**  
**#Walk2School #JourneyOutside**  
**#ActiveSchoolTravel @SMHealthySchool**

### Winter Maintenance at SCDSB Schools

During the winter season, which typically runs from November to April, numerous contractors are assigned to maintain the SCDSB's school sites, which include parking lots and school play yards.

We would like to remind our school communities that overnight parking on SCDSB school sites is prohibited, especially during the winter months, as it interferes with attempts to manage snow and ice removal. Your cooperation is appreciated.

### Keep connected with our school and with the SCDSB

It's important to get accurate information about what's going on at your school and at the Simcoe County District School Board (SCDSB). Here are some ways to do that:

- Subscribe to our school's website by visiting the 'What's New' section at <http://cle.scdsb.on.ca>. You can sign up to receive emails about school news updates and information during emergency situations. It's easy to subscribe – visit our website and click the 'Subscribe' link at the very top of the page. Provide your email and click 'Subscribe'; a message will be sent to your inbox with a link to click to confirm that you want to subscribe. You can unsubscribe at any time using the link at the bottom of each email.
- Sign up to receive SCDSB media releases by clicking the 'Subscribe' button at [www.scdsb.on.ca](http://www.scdsb.on.ca).
- Follow the SCDSB on Twitter @SCDSB\_Schools <https://twitter.com/CMESwolfpack>

For school bus transportation information, visit the Simcoe County Student Transportation Consortium's website at [main.simcoecountyschoolbus.ca](http://main.simcoecountyschoolbus.ca). Also, remember to bookmark the school bus information page at [simcoecountyschoolbus.ca](http://simcoecountyschoolbus.ca) for bus delay and cancellation information on inclement weather days.

### Days of awareness and recognition taking place in February

Throughout the year, there are many awareness days that focus on different causes and recognition. The Simcoe County District School Board has developed a list of these days as a guide for schools. Schools may participate in recognizing some or all of these days in various ways. This list is not exhaustive. Following are the days of awareness and recognition that the SCDSB will recognize during the month of February:

<b>Feb. 2</b>	Groundhog Day
<b>Feb. 15</b>	National Flag Day of Canada
<b>Feb. 17</b>	National Random Acts of Kindness Day
<b>Feb. 26</b>	Pink Shirt Day

### Character Attribute for the month of February

**Inclusiveness:** We include everyone in what we do and value their contributions.

More information about Character Education can be found here:

[https://www.scdsb.on.ca/about/character\\_education](https://www.scdsb.on.ca/about/character_education)

### Is bedtime stressing you out?

Kids need 10-12 hours of sleep every night, but sometimes getting them to bed can be frustrating. You can help create a regular sleep schedule for your child by setting a clear bedtime and sticking to the same time every night. Start getting ready an hour before bed; turn off the TV, computers and phones. Spend quality time talking or reading stories to help them unwind. Agree on how many you'll read before you start! Keep their room dark, cool and quiet - a nightlight is fine. Remember, making sure your child gets enough rest will help improve their mood, behaviour and ability to learn.

For more bedtime tips, contact Health Connection at 705-721-7520 or 1-877-721-7520 to speak with a public health nurse, or visit the health unit website at [www.simcoemuskokahealth.org](http://www.simcoemuskokahealth.org).

*\*Information provided by the Simcoe Muskoka District Health Unit*

### Your child's immunization records



The Simcoe Muskoka District Health Unit is required to keep up-to-date immunization records for all students who attend elementary or secondary school in the County of Simcoe and the District of Muskoka. Parents are responsible for reporting immunizations to the health unit each time their child receives a vaccine from their health care provider. The immunizations that the health unit requires records for include:

- Diphtheria, tetanus, polio and pertussis
- Measles, mumps and rubella
- Meningococcal
- Varicella (chickenpox) (for those born in 2010 or later)

It's easy to update your child's immunization status. Go to [www.smdhu.org/immsonline](http://www.smdhu.org/immsonline) to update your child's record or call Health Connection at 705-721-7520 or 1-877-721-7520 (toll free).

*\*Information provided by the Simcoe Muskoka District Health Unit*

**P.A. DAY  
FRIDAY, MARCH 6  
NO SCHOOL**

## Learning How to Swim Is a Critical Life Skill

Learning how to swim is the first defense against drowning and teaching children how to swim at an early age is essential to their safety. Research shows that children who are not taught when they are young tend to avoid swimming lessons as they age, often due to embarrassment.

According to the [Drowning Prevention Research Centre Canada](#), there is an average of 464 preventable, unintentional water-related fatalities occurring in Canada each year. Forty-five per cent of those who drown are weak or non-swimmers. Formal swimming lessons are proven to reduce the risk of drowning by up to 88 per cent. Swimming instruction is a crucial step to protecting children from drowning.

In Simcoe County, we enjoy a wide variety of aquatic activities during the summer months thanks to the many lakes, waterfronts, and recreational facilities surrounding us. Help keep your children safe by enrolling them in swimming lessons. This will teach them important water safety skills and allow them to enjoy and respect the water.

If you think your child is ready for swimming lessons, here are some things to consider:

**Class placement** – Children should be grouped with others in their age range and skill level, and there should be specific skills to master before advancing into each new level.

**Class size** – No matter what the class size, the ratio of staff to students should be appropriate so that instructors can give each child individual instruction, in addition to the group activities.

**Instructor credentials** – Make sure to ask what training the aquatic instructors have received and what certifications they hold before signing your child up for lessons. The [YMCA](#), for instance, requires that instructors have a current Lifesaving Society National Lifeguard certification as well as a [YMCA Swim Instructor certification](#).

The [YMCA of Simcoe/Muskoka](#) believes that learning how to swim is a critical life skill, which is why children and adult [lessons](#) are included with every [membership](#). With guidance from their expert instructors, children learn about water safety, build confidence, make new friends and tackle new challenges. For more information about the YMCA swim programs for both children and adults, please visit [www.ymcaofsimcoemuskoka.ca/swim-lessons](http://www.ymcaofsimcoemuskoka.ca/swim-lessons).

*\*Information provided by the YMCA of Simcoe/Muskoka*

## Community News

### RAD ADVENTURES Awesome Mountain Bike Programs

Registration is now open for spring programs and summer camps!

- Camps and programs available in Collingwood, Thornbury, Meaford and Wasaga Beach for ages 4 – 13
- NEW! “Learn to Ride a Two-Wheeler” programs offered at all locations
- Mother-daughter classes also available
- Advanced Programs available at Three Stage and other local locations
- Summer camp activities include paddleboarding, games, supervised swimming and so much more.
- Skills that last a lifetime!



**REGISTER BEFORE MARCH 15 AND save up to \$70!**

[www.RADADVENTURES.CA](http://www.RADADVENTURES.CA)

### Angus United FC Summer Soccer On-Line Registration

Register on or before Valentines Day and save

- Youth \$199.00 + tax (born 2006 to 2015)
- Tots \$129.00 + tax (born 2016/2017)

All registrations include Jersey, shorts, socks, soccer ball and more.

All games played at Utopia Soccer Fields on either Tuesdays or Wednesdays Evenings



For details [AngusUnitedFC.com](http://AngusUnitedFC.com)