



Clearview Meadows Elementary School

Bus zone: West

12 Locke Ave.
Stayner, Ontario

www.cle.scdsb.on.ca

<https://twitter.com/CMESwolfpack>

January 2020
Jacqueline Linton
Principal

Character Trait: Honesty

Sue Moxam
Principal's Assistant



Kindergarten registration opens this month

Do you (or someone you know) have a child who is turning four in 2020? If so, it's almost time to register them for

Kindergarten in the SCDSB! Beginning Jan. 27, 2020, Simcoe County's public schools will register children for Kindergarten for the 2020-21 school year.

Parents/guardians can begin the Kindergarten registration process on the SCDSB website any time after January 1 - just visit www.scdsb.on.ca and select 'Community Apps'.

Visit www.scdsb.on.ca/elementary/planning_for_school/kindergarten for more information.

Annual Read-a-Thon



Clearview Meadows E.S. is pleased to hold our annual Read-a-thon at the school on Thursday, January 23, 2020 at 1:20 pm – 2:30 pm. The goal of the Read-a-thon is to promote literacy and to raise funds for our school library. It will be Wear your PJ's or den colour.

Sponsor envelopes will be sent home before our Holiday Break with students. Envelopes are due back on Thursday, January 23, 2020. It is the policy of the Simcoe County District School board that students do not go door-to-door to gain sponsors. Thank you for supporting our students in this event to promote literacy and the love of learning.

Dressing For The Weather

In Ontario we can expect very cold and snowy conditions; it is part of our winter. Students go outside until the air temperature is -25C and/or the wind-chill is -28C. Exposed skin will start to freeze at -27C.

For this reason, students need to come to school each day prepared to go outside, wearing the right winter gear. Please ensure your child has a coat, boots, snow pants, gloves, scarf and hat every day.

It is highly recommended that students have extra mitts and socks in their backpack. Dry clothing is much warmer when going outside on cold days.

Parents/guardians are to be reminded each school year, that it is their responsibility to decide whether or not it is safe for their child(ren) to leave for school under severe weather conditions.

Bus cancellation information in case of inclement weather (West Zone)

Winter is just around the corner in Simcoe County, and with it comes the possibility of severe weather, challenging winter driving conditions and, as a result, possible bus and school event cancellations.



All information regarding cancelled buses in Simcoe County is posted on the Simcoe County Student Transportation Consortium's bus information website at www.simcoecountyschoolbus.ca. Our school is in the **West Zone**. When buses are cancelled, please remember that schools are still open (unless otherwise noted) for student learning.

The Consortium, in conjunction with bus operators, will make the decision to cancel school buses before 6 a.m. and, as such, will make every effort to post announcements between 6 and 7 a.m. Parents should also note that inclement weather cancellations are effective for the whole day and buses cancelled in the morning will not run at the end of the day. You can also subscribe to receive bus delay notifications here: <https://scstc.ca/Subscriptions> and you can follow The Consortium on Twitter @SCSTC_SchoolBus.

**JANUARY 24
P.A. DAY**

STUDENTS DO NOT ATTEND SCHOOL

Keeping SCDSB school communities informed on labour updates

In August 2019, provincial and local contracts for all education workers in the province of Ontario expired. In the Simcoe County District School Board (SCDSB), this means that all our unionized groups are at different stages of contract negotiations at the provincial and local level. The SCDSB will continue to monitor the situation and provide updates on the status of negotiations and our schools whenever possible.

Labour updates are issued on the SCDSB website (www.scdsb.on.ca/about/labour_updates), Facebook (www.facebook.com/SCDSB), Twitter (@SCDSB_Schools) and on the labour updates information line at 1-877-728-1187.

Days of awareness and recognition taking place in January

Throughout the year, there are many awareness days that focus on different causes and recognition. The Simcoe County District School Board has developed a list of these days as a guide for schools. Schools may participate in recognizing some or all of these days in various ways. This list is not exhaustive. Following are the days of awareness and recognition that the SCDSB will recognize during the month of January:

Jan. 27	Family Literacy Day
Jan. 27	International Holocaust Remembrance Day
Jan. 29	Bell Let's Talk Day

Is homework stressing you out?

Throughout the year, your child may have homework or need to spend time studying at home. You can help make homework time less stressful. First, let your child relax with a healthy snack when they get home from school. Ask if they have homework, what kind and how long they think it will take to finish. It's a good idea to set a regular time each day and decide on a specific place to do homework. Your child might need help for a couple minutes to get started.

Looking for more parenting support? Speak with a public health nurse by calling 705-721-7520 or 1-877-721-7520 or visit the health unit website at www.simcoemuskokahealth.org.

Questions about your child's health?

Health Connection offers free, confidential health information from nurses and health inspectors on:

- How your child is growing, parenting tips, fast and healthy meals, safe food and water, common illnesses, keeping kids safe, fun family activities
- Health unit programs such as vaccinations and dental care
- Community resources for parenting, mental health, addictions, quitting smoking or financial help

Contact Health Connection at 1-705-721-7520 or 1-877-721-7520 Monday to Friday, 8:30 a.m. to 4:30 p.m., or www.simcoemuskokahealth.org. If English is not your first language, we have a telephone interpretation service.

Information provided by the Simcoe Muskoka District Health Unit

Canadian Blood Services needs your help!

During the winter months, hectic schedules and snowy weather often result in a decrease in the number of blood donations. Canadian Blood Services (and all those in need of donations) want to remind you to be part of Canada's lifeline this holiday season and give the gift of life. You can book online at www.blood.ca. Look for a clinic in your area!

Information provided by Canadian Blood Services

New year, new goals for the entire family!

The beginning of a new year is the perfect time to start thinking about setting new goals. Bringing the whole family together for a new year goal-setting session not only provides an opportunity to discuss the importance of exercise and a healthy diet with your children – it also gives you the chance to brainstorm on working towards a shared goal.

Getting kids active should be a priority for all Canadians. According to [ParticipACTION's 2018 Report Card](#), only 35 per cent of Canadian children and youth aged five to 17 reach the recommended 60 minutes of physical activity each day. The report also shows that 51 per cent of young Canadians are engaging in significantly more screen time than they should be, sometimes up to four-six hours per day! Here are some small steps to set your family up for success in the new year:

Play together. Spend time outside playing together as often as possible, regardless of the weather. Go skating, skiing, build a snow fort or go tobogganing – fun for the whole family!

Join a family-friendly gym. Find a place that provides opportunities for the entire family to be physically active together or offers childcare and after-school programs.

Pencil it in. Add physical activity or play time to the calendar, with the same commitment as other important meetings. Schedule an evening family walk or a fitness class – seeing it on the calendar will help motivate your family to stay on track.

Set goals. Pick a charity run or walk that your family will support, like [YMCA Move to Give](#). Sign up, train as a family and participate in it together. It's a great way to exercise together and give back to your community!

Getting healthy has never been easier!

The YMCA offers a variety of family programs – from open gym and swim to children and youth programming, adult fitness classes and childminding. It's a place where families can have fun and get active together. For more information about YMCA programs, please visit www.ymcaofsimcoemuskoka.ca.

Information provided by the YMCA of Simcoe/Muskoka