



Clearview Meadows Elementary School

Bus zone: West

12 Locke Ave.
Stayner, Ontario

www.cle.scdsb.on.ca

March 2021

<https://twitter.com/CMESwolfpack>

Sara Jo Ottewell
Principal

Character Trait: Integrity

Kelly Cox
Vice-Principal

Important Dates

March 15 – Class Coding
March 16 – Class Coding
March 17 – Green Day (St. Patrick's Day)
March 18 – Wolfpack Day (Wear your Spirit Wear)
March 19 – PJ Day
April 2 – Good Friday (No School)
April 5 – Easter Monday (No School)
April 12 – 16 – (New Date for March Break)

Updates to the COVID-19 school screening tool and process

Each day, families are asked to ensure that their child(ren) complete the COVID-19 school screening tool prior to coming to school. Secondary school students are required to confirm with their teacher that the COVID-19 school screening tool has been completed at the beginning of each day.

In an effort to strengthen health and safety measures and help reduce the spread of COVID-19, the criteria in the provincial COVID-19 school screening tool has been updated by the Chief Medical Officer of Health. The updated provincial direction states that students and staff with any new or worsening symptoms of COVID-19 (as indicated in the screening tool), even those with only one symptom, must stay home until:

- They receive a negative COVID-19 test result;
- They receive an alternative diagnosis by a health care professional; or,
- It has been 10 days since their symptom onset and they are feeling better.

In addition, all asymptomatic household contacts of symptomatic individuals are required to quarantine until the symptomatic household member receives a negative COVID-19 test result or receives an alternative diagnosis by a health care professional.

The updated COVID-19 school screening tool is available on the Ontario government's website here: <https://covid-19.ontario.ca/school-screening/>. A printable version of the COVID-19 school screening tool can be found here: <https://bit.ly/3ulap6V>. More information is also available on the SCDSB website at www.scdsb.on.ca/covid-19.

Kindergarten registration for September 2021 is open!

Kindergarten is the beginning of a wonderful journey of learning and we want your child to begin their journey in a SCDSB school! Do you have a child who is turning four in 2021? If so, we invite you to register your child for kindergarten. To register online or for more information visit: www.scdsb.on.ca/elementary/planning_for_school/kindergarten.

Inclement weather and bus cancellation information reminder

All information regarding cancelled buses in Simcoe County is posted on the Simcoe County Student Transportation Consortium (SCSTC)'s bus information website at <https://simcoecountyschoolbus.ca/>. Our school is in the **West** zone.

When buses are cancelled, schools remain open for student learning, as in previous years. It is always a family decision whether or not it is safe for your child(ren) to leave for school under severe weather conditions.

This year, please note that students who are unable to attend school due to bus cancellations will be able to access learning materials on the digital learning platform assigned by their teacher, either Desire2Learn (D2L) or Google Classroom.

Students in the Learn@Home program will continue with regular programming as scheduled.

The SCSTC and bus operators try to make the decision to cancel school buses before 6 a.m. and make every effort to post announcements before 7 a.m. Inclement weather cancellations are effective for the whole day and buses cancelled in the morning will not run at the end of the day. You can follow the Consortium on Twitter [@SCSTC_SchoolBus](#) for bus cancellations and other information. You can also subscribe to receive bus delay notifications here: <https://scstc.ca/Subscriptions/Login.aspx>.

Days of awareness and recognition taking place in March

Throughout the year, there are many awareness days that focus on different causes and recognition. The Simcoe County District School Board (SCDSB) has developed a list of these days as a guide for schools. Schools may participate in recognizing some or all of these days in various ways. This list is not exhaustive. Following are the days of awareness and recognition that the SCDSB will recognize during the month of March:

March 5	National Employee Appreciation Day
March 8	International Women's Day
March 14	Pi Day
March 21	World Down Syndrome Day International Day for the Elimination of Racial Discrimination
March 26	Earth Hour (in schools)

Character Attribute for the month of March

Integrity - we act justly and honourably in all that we do.

More information about Character Education can be found here: www.scdsb.on.ca/about/character_education

Mental health and well-being resource hub

COVID-19 has, and will, impact the mental health of people everywhere. Kids Help Phone has seen an unprecedented surge of young people feeling more stressed than usual reaching out during this global pandemic. Finding accurate information and appropriate resources can be hard. [Jack.org](#), [School Mental Health Ontario](#) and [Kids Help Phone](#) have partnered to bring you all the information needed in one easy-to-access hub so that youth mental health remains top of mind, and our communities are able to easily access the education, tools, support and reliable information they need. Please share widely with the young people in your life.

Jack.org is a Canadian non-profit organization focused on helping youth understand how to take care of their mental health and look out for others.

Making 'cents' of money matters

All students need the skills and knowledge to take responsibility for managing their personal financial well-being with confidence, competence and a critical and compassionate awareness of the world around them. In the 2020 math curriculum there is focus on financial literacy learning in Grades 1 to 8, including understanding the value and use of money over time, how to manage financial well-being and the value of budgeting.

Students build their skills and knowledge about the value and use of money, how decisions impact personal finances, as well as develop consumer and civic awareness.

Students will:

- Learn how to manage finances responsibly, such as creating a budget to help save enough money to buy something they want such as a book, toy or a video game.
- Begin to develop a greater awareness as consumers and contributors in the local and broader economic system.

Wondering how you can support the development of your child's financial literacy skills at home? Check out some of these great tips and resources!

Tips:

- Find daily, real-world opportunities to talk about money in the contexts of earning, saving, spending and giving.
- Consider the financial habits you want to instill in your child and talk about them.
- Involve your child in making decisions about purchases for household items and compare the costs of different items. (e.g. We need to save money to repave the driveway, so we're going to cut down on spending. Do you have any ideas?)

Resources:

- A Parent's Guide to Financial Literacy
http://www.edu.gov.on.ca/eng/parents/financial_guide.html
- Peter Pig's Money Counter
<https://practicalmoneyskills.ca/games/peterpigs/>
- Help Your Kids Understand Money: A Parent's Guide
<http://www.themint.org/parents/parenting-guide.html>

Scratch Junior (www.scratchjr.org/) - With the ScratchJr iPad app, young children (ages 5-7) can program their own interactive stories and games. In the process, they learn to solve problems, design projects and express themselves creatively on the computer.

Scratch (<https://scratch.mit.edu/>) - Scratch is a web-based tool where you can program your own interactive stories, games, and animations and share your creations with others in the online community. Scratch includes easy to follow tutorials, and endless project ideas to get your young coder creating and exploring the world of code.

Check out some of the great Scratch Tutorials (<https://scratch.mit.edu/ideas>) or try some of the ones we recommend below!

- Animate your Name - <https://scratch.mit.edu/projects/462492913/editor>
- Make a Chase Game - <https://scratch.mit.edu/projects/462493493/editor>
- Create a Story - <https://scratch.mit.edu/projects/462493360/editor>

Screen-free activities to keep kids active

Finding ways to break up your daily schedule with active play will pay off in the long term, and encourages creative thinking, problem solving and so much more. Here are some ideas for screen-free activities to keep kids active while having fun:

Enjoy the great outdoors

Breathe in some fresh winter air as you explore your local trails, parks and toboggan hills or have a family snowman-building contest to see who can make the most creative snow sculpture!

Get creative with indoor games

If it's too cold to explore the outdoors, there's plenty of fun indoor activities that use common items from around the house. Try playing a game of 'bedsheet parachute' – grab a twin-sized or smaller bedsheet or blanket to make a DIY parachute. Then get the kids (or even you!) to hold onto each end of the bedsheet and work together to try to shake a small stuffed animal or ball off the parachute!

Lead your family in a group workout

When you're active with your kids, it sends them an important message about healthy living. Try leading your family in a group workout from the comfort of your home. If you're looking for ideas and inspiration for family-friendly workouts, visit [YMCA at Home](#) where you can find activities for all ages and fitness levels. Once you learn the basic movements of the workout, gather your family and exercise together. It's always more fun to exercise with a buddy!

Information provided by the YMCA of Simcoe/Muskoka

Nutrition and self-regulation

Self-regulation is the ability to manage your own energy states, emotions, behaviours and attention in ways that are socially acceptable and help achieve positive goals such as learning at school, having good relationships and being well. Healthy eating may improve your child's ability to self-regulate.

Eat more:

- ✓ Plant-based foods: colourful vegetables, fruits, whole grains
- ✓ Healthy proteins: nuts, seeds, legumes, fish, seafood

Eat less:

- ✓ Sugar and sodium
- ✓ Highly processed, refined foods

Focus on:

- ✓ Water or milk to drink
- ✓ More than one type of food at every meal or snack
- ✓ Eating regularly
- ✓ Creating a calm, relaxing environment where you can enjoy your food and not feel rushed

Information provided by the Simcoe Muskoka District Health Unit